

Fuel up your audience. Get them excited to do their best work. Make them feel inspired and put a lift in their step. Learn the serious business of positive emotions!

Paul Krismer is a noted public speaker and trainer. He is the best-selling author of Whole Person Happiness: How to be Well in Body, Mind and Spirit.

Paul has a proven track record as an inspirational leader. For twenty years, he has served in senior management roles—overseeing hundreds of employees, multi-million dollar projects, and cheerfully growing future leaders. As a Certified Executive Coach, Paul is appreciated for his kind-hearted, yet relentless pursuit of the client's best life. Helping individuals and entire organizations reach greater success is his trademark promise.