

Paul has a proven 20-year track record as a Safety and Disability Management leader.

Within a workers' compensation system, Paul excelled in multi-faceted senior management roles. Early in his career, he spearheaded a total reform of underwriting systems at WorksafeBC, resulting in the creation of a pricing model that directly reflects safety outcomes.

Paul has led groups of more than 200 professional disability management staff. As an Executive Account Manager and team lead, Paul served as a consultant to high risk and high claims volume employers and industries, introducing innovative and powerful interventions. Few leaders have as much, and as varied, experience in the field of workers compensation as Paul does.

As a public speaker and trainer, Paul's authentic and passionate commitment to his subject matter shines through. Each presentation is packed with useful information and practical tools based on the science of positive emotions. Accented by playful and captivating storytelling, Paul's presentations are also highly engaging. His teaching is powerful, authoritative and convincing. He gets the point across that increased happiness has serious outcomes—improved safety and reduced disability.

His best-selling book, "Whole Person Happiness" gives everyone access to his expertise. As a teacher of cutting edge positive psychology, he is truly a "Happiness Expert".

Paul is a proud member of the International Positive Psychology Association and the Canadian Association of Professional Speakers. He is the founder and CEO of the Happiness Experts Company.