

Make Safety a Habit: People, Passion & Prevention



walk that educates the community about the devastating ripple effects of every workplace tragedy, while focusing on ways to work together to prevent future workplace accidents. Walks are taking place in Regina (10 a.m., Lakeshore Park Totem Pole, Wascana Park) and Saskatoon (noon, Diefenbaker Centre, University of Saskatchewan). There is a registration fee of \$15 for people ages 14-and-older and you can sign up online at www.stepsforlife.ca.

Safety and Health Week luncheons will be held in Regina on Monday (Queensbury Convention Centre, 11:30 a.m. to 1:30 p.m.) and Saskatoon on Tuesday (Prairieland Park World Trade Centre, 11:30 a.m. to 1:30 p.m.). The luncheons are organized by the provincial chapters of the Canadian Society of Safety Engineering, along with provincial partners such as the Saskatchewan Workers' Compensation Board, the Saskatchewan Safety Association. The guest speaker at the luncheons

is Paul Krismer, a safety professional who has led groups of more than 200 professional disability management staff. He has served as a consultant to high risk and high claims volume employers and industries, introducing innovative and powerful interventions. To learn more about Krismer, visit paulkrismer.com.

Krismer said that his presentation asks, "What does it really mean to be a leader?"

health and safety and engage people in events and activities that raise that awareness. Safety and Health Week runs from May 5-11 this year and the theme is "Make Safety a Habit: People, Passion & Prevention." According to Saskatchewan Safety and Health Week coordinator Andrea Crittenden, all three of these elements are crucial aspects of workplace safety.

"It all starts with the people who are the safety professionals, working on the job sites or in the workplace; they need to be passionate about everyone's health and safety in the workplace and ensure the right policies are in place," Crittenden said. "Raising awareness about workplace safety is an important way to prevent accidents from occurring. "It's sort of a triangle effect where if one of these elements fails, a negative situation is likely to occur."

Safety and Health Week begins on Sunday with Steps for Life, a five kilometre fundraising

"Safety is much more than showing people what to do; it's 95 per cent about winning hearts and minds so that workers volunteer themselves to safety. Then good outcomes come easily," Krismer said. "Safety supervisors would be fired if they didn't do the work in their job descriptions, but that is the minimum. Real leadership transcends a job description. It's a way of being."

The luncheons will also feature a special screening of the award-winning student videos in Worksafe Saskatchewan's 2019 Youth Video Contest. Students were asked to create a two-minute video to demonstrate workplace safety, health and injury prevention in an engaging way. Cash prizes were awarded to the top three individuals and schools.

Luncheon tickets are \$40 per person and can be purchased online for the Regina event (<https://csse.org/site/chapters/south-saskatchewan/events>) and Saskatoon event (<https://csse.org/site/chapters/northern-light/events>). For groups of 10 or more, email naosh@cssesouthsask.org for a group invoice.

Crittenden said the ultimate goal of Safety and Health Week events is to shift trends when it comes to workplace injuries.

"For me, there are too many people who are being hurt or, even worse, killed on the job site," she said. "Even though it's 2019 and regulations and protective equipment have

changed tenfold, there are still way too many incidents that are happening on sites and in the workplace. Just being able to spread awareness, whether it's giving tools to safety professionals or just information

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Paul Krismer is one of the top motivational speakers in Canada and the author of 'Whole Person Happiness: How to be Well in Body, Mind and Spirit.' Krismer is the keynote speaker at this year's Safety & Health Week luncheons in Saskatoon and Regina.

To create safer workplace environments, organizers of the 2019 Safety and Health Week are encouraging people to strive for the perfect trifecta.

Safety and Health Week (previously known as North American Occupational Safety & Health Week or NAOSH Week) is held annually to focus on the importance of workplace